Community Food Expos

















Wellbeing SA

This project is funded under the South Australian Government Statewide Wellbeing Strategy, led by Wellbeing SA

We are excited to announce our COMMUNITY FOOD EXPOS

SAVE THESE DATES

Wednesday, 24 February 2021 11:00am til 2:30pm

Aberfoyle Community Centre

Saturday 27 March 2021 10am til 2pm

Neporendi / Reynella Neighbourhood Centre (in conjunction with the Vines Market)

Thursday, 22 April 2021
Time TBC

Woodcroft & Morphett Vale Neighbourhood Centre



Join us for:

- Growing your own food advice, hints and demonstrations.
- **Cooking / preserving:** Demonstrations and workshops on how to easily prepare home grown and excess food
- Meet Local producers: Stories and give-aways from local producers
- Kitchen Table Talks: Conversations around food
- Community garden & share group information: Connect to local community gardens and share groups; find out what's happening and how to get involved